

JULY MENU

Monday	Tuesday	Wednesday	Thursday	Friday
29 Breaded Pork Chop Sandwich with Mayo, Lettuce, and Tomato Slice Peas and Carrots Sliced Pears Pudding with Topping	30 GF Lemon Dill Tilapia Tatar Sauce Garden Rice Stewed Tomatoes Lemon Pound Cake	1 Chef Salad with Ham, Turkey, Cheese, Croutons, Boiled Egg, and Ranch Dressing Dinner Roll Apple Monster Cookie	2 BBQ Pork Sandwich Mac and Cheese Banana Lime Jell-O Salad	3 <i>Sorry we're</i> CLOSED
6 Ham and Cheese Tortellini Steamed Broccoli Pink Lady Apple Cookie	7 Mongolian Beef Ramen Vegetable Spring Roll Chinese Cashew Salad Fruited Jello	8 Chicken Cordon Bleu Casserole Long Green Beans Fruit Cup Ice Cream Sundae	9 Salad Bar Day GF Cranberry Turkey Salad with Pecans Cucumber and Radish Salad Dinner Roll Pesto Pasta Salad Grape Salad	10 Pork Roast with Rosemary Gravy Garden Rice Coleslaw Sunshine Carrots Fruit Crisp
13 Polish Dog on a Bun with Sauerkraut Baked Beans Applesauce Lemon Pudding	14 Big Mac Burger with Special Sauce Lettuce, Pickles, Onions, Cheese French Fries Blood Orange Wedges Blondie	15 Chicken Stir Fry over White Rice Egg Roll with Sauce Oriental Coleslaw Fruit Cocktail Torte	16 Sheet Pan Pizza Cheesy Broccoli Pizza Place Salad Tropical Fruit	17 Italian Meatballs Loaded Mashed Potatoes Green Beans with Bacon and Onion Watermelon Dream Cake SP Birthday
20 GF Beef Stroganoff Over Mashed Potatoes Mixed Vegetable Fresh Mandarin Orange Chocolate Chip Cookie	21 Tuna Salad Sandwich w/Lettuce Macaroni Salad Mixed Melons Frozen Treat	22 GF Cheesy Bacon Egg Scramble Potatoes O'Brien Tomato Wedges Fruit Parfait	23 Rueben Bake Peas and Carrots Cottage Cheese Peaches WE Birthday	24 Chicken Alfredo Cascade Vegetable Garlic Bread Ceasar Salad Cake Ave D, Hts, BCC, & Laurel Birthday
27 Super Sloppy Joe w/ Cheese and Pickles Garlic Green Beans Fresh Grapes Orange Dreamsicle Bar	28 GF Taco Salad with Sour Cream and Salsa Refried Beans Doritos Rosy Pears	29 GF Greek Gyro Bowls with Lettuce, Tomato, Cucumber and Tzatziki Sauce Mediterranean Pasta Salad Strawberry Whip	30 Chili Dog on a Bun with Cheese and Onions Buttered Corn Garden Salad Magic Bar	31 Bone In Chicken Potatoes Spinach Salad Banana Chocolate Pudding

*Menu subject to change. Milk available on request.

Ave D, BCC, & West End 406-259-9666
 Billings Heights Meal Site 406-259-9666
 South Side Senior Center 406-256-6413
 Laurel Senior Center 406-628-7571
 Meals on Wheels: 406-259-9666

- ☛ A requested donation of \$6.00 per meal for adults 60 and above.
- ☛ Under 60 charge is \$8.00.
- ☛ Menu is subject to change
- ☛ GF = Gluten Free on Request

**MEAL SITE RESERVATIONS
must be made by Noon,
at least 1 business day
in advance.**