

OCTOBER MENU

Monday	Tuesday	Wednesday	Thursday	Friday
28 Beef Tips over Noodles Beets Spinach Salad with Mandarin Oranges Ice Cream Sandwich	29 GF Baked Chicken Thighs Jo Jos Creamy Pea Salad Magic Bar	30 Baked Potato Soup Ham Salad Sandwich Pink Lady Apple Pudding with Whipped Topping	1 Rigatoni with Meat Sauce Garlic Toast Broccoli with Cheese Sauce Chickpea Salad	2 Meatloaf with Mashed Potatoes and Gravy Buttered Corn Roll Mandarin Orange Cake
5 Crispy Chicken Sandwich with Lettuce and Tomato Potato Wedges 3 Bean Salad Tropical Fruit	6 GF Pork Chops with Gravy Au Gratin Potatoes Mixed Peas & Carrots Ranger Cookie	7 White Chicken Enchilada Casserole Seasoned Pinto Beans Tortilla Chips with Salsa Peaches	8 Italian Vegetable Soup with Crackers Chicken Ceasar Wrap Orange Slices Candy Corn Blondie	9 Oktoberfest Beer Braised Bratwurst Sauerkraut Pretzel Rod with Cheese Dip Creamy Cucumber Salad Classic German Chocolate Cake
12 Rodeo Burger Baked Beans Bag of Chips Snickerdoodle Cookie	13 White Chicken Lasagna Garlic Green Beans Breadstick Pears Spinach Salad	14 Fish Taco with Purple Cabbage Cilantro Lime Rice Mexi Corn Ice Cream Treat	15 GF Beef Nacho's with Cheese Sauce, Black Olives, Pico de Gallo, and Sour Cream Refried Beans Fruit Salad Sherbet	16 Pork Roast with Mashed Potatoes and Gravy Peas and Pearl Onions Mixed Fruit Butterscotch Bar South Park B-day
19 Sweet & Sour Chicken Rice Egg Roll Chinese Cashew Salad Pineapple and Mandarin Oranges	20 Country Fried Steak and Mashed Potatoes with Gravy Harvard Beets Banana Roll	21 Ham & Cheese Quiche Hashbrowns Apricots Cinnamon Roll	22 Chicken Breast with Lemon Sauce Parmesan Orzo Green Beans Lemon Poppyseed Bar West End Birthday	23 GF Swiss Steak Garden Rice Steamed Cauliflower Peaches Birthday Cake Ave D, Hts, BCC, & Laurel Birthday
26 World Series Day Chili Dog with Cheese and Onions Fritos Creamed Peas Fudgesicle	27 Fish Sandwich with Tartar Sauce and Cheese French Fries Cottage Cheese Grapes	28 Chicken Pot Pie Baked Sweet Potato Carrot Raisin Salad Blueberry Whip	29 Hot Turkey Sandwich with Gravy Mashed Potatoes Steamed Carrots Cranberry Crisp	30 Halloween Spaghetti & Meatballs Garlic Toast Side Salad Baked Cinnamon Apple Slices Halloween Brownie

*Menu subject to change. Milk available on request.

Ave D, BCC, & West End 406-259-9666
 Billings Heights Meal Site 406-259-9666
 South Side Senior Center 406-256-6413
 Laurel Senior Center 406-628-7571
 Meals on Wheels: 406-259-9666

- ☛ A requested donation of \$6.00 per meal for adults 60 and above.
- ☛ Under 60 charge is \$8.00.
- ☛ Menu is subject to change
- ☛ GF = Gluten Free on Request

MEAL SITE RESERVATIONS must be made by Noon, at least 1 business day in advance.