

# JANUARY MENU

| Monday                                                                                            | Tuesday                                                                                           | Wednesday                                                                                    | Thursday                                                                                                                 | Friday                                                                                                                      |
|---------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|
| 29<br>Chinese Steak over Rice<br>Egg Roll with Sauce<br>Fruit Cocktail<br>Tapioca Pudding         | 30<br>Chicken Alfredo<br>Breadstick<br>Broccoli<br>Tossed Salad<br>Italian Wedding Cake           | 31<br>Tater Tot Casserole<br>Winter Blend Vegetable<br>Orange Jello Salad<br>Banana Cookie   | 1<br><br><b>Sorry we're<br/>CLOSED</b> | 2<br><br><b>Sorry we're<br/>CLOSED</b>   |
| 5<br>Crispy Chicken Sandwich with Cheese and Lettuce<br>Waffle Fries<br>Apricots<br>Ice Cream Bar | 6<br>Shepherds Pie<br>Steamed Broccoli<br>Peaches<br>Cookie                                       | 7<br>Rueben Bake<br>Cascade Vegetable Spinach Salad<br>Pineapple and Mandarin Oranges        | 8<br>Hearty Chili with Cheese and Sour Cream<br>Fritos<br>Buttered Corn<br>Cinnamon Roll                                 | 9<br>GF Creamy Tuscan Chicken<br>Wild Rice<br>Sunshine Carrots<br>Mixed Fruit<br>Granny's Lime Jello                        |
| 12<br>Beef Stroganoff Over Egg Noodles<br>Mixed Vegetable<br>Tropical Fruit<br>Cottage Cheese     | 13<br>Biscuit with Sausage Gravy<br>Hashbrown Patty<br>Cinnamon Apples<br>Juice                   | 14<br>Tuna Noodle Casserole<br>Carrot Coins<br>Caesar Salad<br>Banana Bar                    | 15<br>Chicken Marsala Au Gratin Potatoes<br>Green Bean Casserole<br>Ice Cream                                            | 16<br>Pork Roast with Gravy<br>Stuffing<br>Trio Vegetable<br>Tossed Salad with Beans<br>Fruit Cocktail Torte<br>SP Birthday |
| 19<br>Turkey Pot Pie<br>Biscuit<br>Steamed Cauliflower<br>Fresh Apple<br>Blueberry Fluff          | 20<br>GF Lemon Pepper Tilapia<br>Tartar Sauce<br>Garden Rice<br>Stewed Tomatoes<br>Creamy Crunchy | 21<br>Sweet and Sour Pork<br>White Rice<br>Spring Roll<br>Oriental Coleslaw<br>Lemon Pudding | 22<br>Taco Lasagna<br>Seasoned Pinto Beans<br>Salsa/Sour Cream<br>Tossed Salad<br>Applesauce<br><br>WE Birthday          | 23<br>Country Fried Steak<br>Mashed Potatoes<br>Creamed Peas<br>Fresh Orange Cake<br>Alliance, Hts, BCC, & Laurel Birthday  |
| 26<br>Creamed Chicken with Biscuit<br>Harvard Beets<br>Sliced Pears<br>Cookie                     | 27<br>Cheese Ravioli With Meat Sauce<br>Capri Vegetable<br>Banana<br>Chocolate Brownie            | 28<br>Beef Enchilada<br>Salsa/Sour Cream<br>Spanish Rice<br>Corn Salad<br>Sopapilla Bar      | 29<br>Pulled Pork Sandwich<br>Montana Fair Baked Beans<br>Pickle Spear<br>Chips<br>Peaches                               | 30<br>Turkey Divan With Cranberries<br>Sweet Potatoes<br>Green Beans<br>Garden Salad<br>Pumpkin Bar                         |

\*Menu subject to change. Milk available on request.

Ave D, BCC, & Westend.....406-259-9666  
 Billings Heights Meal Site .....406-259-9666  
 South Side Senior Center .....406-256-6413  
 Laurel Senior Center .....406-628-7571  
 Meals on Wheels: .....406-259-9666

► A requested donation of \$6.00 per meal for adults 60 and above.  
 ► Under 60 charge is \$8.00.  
 ► Menu is subject to change  
 ► GF = Gluten Free on Request

**MEAL SITE RESERVATIONS**  
**must be made by Noon,**  
**at least 1 business day**  
**in advance.**