



# Senior Services, Lifelong Support

## Resource Center and Education

- Medicare advocacy and assistance
- Notary services
- Minor home repair program
- Medical transportation
- Information and assistance with:



Housing  
Navigation



Transportation



Application  
Assistance

## Meals on Wheels

Through the Meals on Wheels (MOW) Program, a hot nutritious mid-day meal is delivered by volunteers Monday through Friday to homebound seniors 60 and older.



## Payee Services & Care Management

Our team of dedicated staff is trained to assist people in accessing resources and managing their money through payee services. Each person is treated with respect and supported to help them remain independent and free from abuse.



## Yellowstone County Guardianship Council

Community volunteers bring their expertise to serve individuals who are deemed by a court to lack the capacity to make medical or financial decisions and have no family member available, willing, or suitable to do so on their behalf.



## In-Home Care

Our team of trained caregivers support seniors in their homes with household tasks, personal care, pet care, and medication reminders. If you are looking for in home care at rates based on income, call us today.

## Dementia Friendly Billings

Provides free presentations to businesses and organizations about dementia and how to communicate with those impacted by memory loss. The training is designed to develop respect and inclusion for persons with dementia and their care partners, provide tips on warning signs, and compassionate communication.



## Support Groups

### Care Partners

A space for caregivers to connect, learn, and share experiences related to caring for senior loved ones. Meets at 1 p.m. the 2<sup>nd</sup> Wednesday and 4<sup>th</sup> Tuesday of each month.

### Memory Cafe

Adults experiencing memory loss and their care partners are invited to visit the Billings Public Library to socialize and enjoy an activity together every first Tuesday of the month at 10:30 a.m.

## Senior Lunch Program

### Lunch Served Monday - Friday

- Mid-Town (1505 Ave D)
- Heights (935 Lake Elmo)
- Laurel
- Billings Community Center

### Served on certain days

- Worden
- South Park
- Shepherd
- Huntley
- Custer
- West End (King of Glory)



## Volunteer to become an Ally today!

Make aging better — for everyone.

### Rides Transportation

Provides transportation to non-medical outings

### Pantry Pals

Personal grocery shopper and delivery

### Meals on Wheels

Home-delivered meals Monday - Friday for qualified individuals

### Chore Corps

Skilled volunteers helping to reduce home hazards

### Bookkeeping Assistance

Basic bookkeeping functions and kitchen table declutter

### Friend Companion

Weekly face-to-face visiting with a new friend



### Love what we do?

Donate today to help support our mission!

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